



# NEWSLETTER #2

July 2024

## *TrainTheTrainers Zaragoza*

Representatives from each partner organization, including two educators per group, met to plan outdoor activities for refugee and migrant women. Over the coming months, these educators will collaborate with the women to identify three inclusive routes in each country, which will be shared online for public enjoyment. This practical application of the Toolkit is crucial for testing and refining its content in real-world settings.

The meeting also addressed theoretical aspects of working with refugee and migrant women, highlighting the importance of sensitive handling of various issues during outdoor activities. Sharing experiences and best practices was a key focus, fostering mutual learning and project improvement.

Exploring Zaragoza, tasting local Spanish cuisine, and enjoying regional culinary highlights enriched the event, creating unforgettable shared experiences and strengthening team spirit.

## *Toolkit Out4In*

Out4In is tackling the topic of inclusive outdoor sports for refugee and migrant women. We have developed theoretical content as well as new practical methods that can help caregivers and guides make recreational activities more inclusive during hikes, walks, and simple stays in nature.

Eight modules, twelve activities, and numerous tips and tricks on topics such as culturally sensitive work, group dynamics, and mutual knowledge exchange invite you to try them out and guide others. Just download and get started!



## *Webinars*

Each project partner conducted an online webinar to showcase the toolkit, demonstrating its eight modules and twelve activities for inclusive outdoor activities with refugee and migrant women. Experts were invited to discuss culturally sensitive approaches, group dynamics, and knowledge exchange. These webinars provided a platform for sharing insights and best practices, ensuring effective use of the toolkit.



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